

From Autumn 2020

The law around organ and tissue donation in Scotland is changing.

Why is the law changing?

The law is changing to help save and improve the lives of those on the transplant waiting list.

What is changing?

All adults in Scotland may be considered willing to donate their organs and tissue when they die unless they have recorded a decision not to donate or if they are in one of the excluded groups:

- People under the age of 16
- People who lack the capacity to understand the new arrangements and take the necessary action
- People who have lived in Scotland for less than 12 months before their death

What do I need to do?

Every adult in Scotland has a choice. If you haven't already, you should make a decision about donation. The easiest way to do this is to record your decision on the NHS Organ Donor Register and make it known to your family and friends as they can help to ensure that it is honoured.

What happens if I do nothing?

Once the new system comes into effect, if you are not in one of the excluded groups and you die in circumstances where you could donate but have not recorded a decision, it may be assumed that you are willing to become a donor.

Your family will always be asked about your views to ensure donation doesn't proceed if it would be against your wishes.

**You do not need to wait until
Autumn 2020 to make a decision.
You can do it now.**

If you are willing to donate your organs and tissue you can:

- record your decision on the NHS Organ Donor Register online at:
www.organdonationscotland.org/yes
- call **0300 303 2094**

If you are not willing to donate your organs and tissue you can:

- opt out now by registering your decision not to be a donor on the NHS Organ Donor Register online at:
www.organdonationscotland.org/no
- call **0300 303 2094**

If you are already registered and want to:

- update your personal details
- reaffirm your decision about donation
- or have decided that you now want to opt out

You can do this at:

www.organdonationscotland.org/update

- or call **0300 303 2094**

**Please tell your family
your decision**

Find out more about your choices at:
organdonationscotland.org

If you are still unsure and can't decide, call the
helpline for more information
0300 303 2094